



## What equipment will my daughter need to play softball?

Your player will need these items at every game and practice.

Batting Helmet with Faceguard (must be NOCSAE approved please see below)\*

Softball Cleats

Softball Glove

Sliders for divisions 10U and older

Plenty of Water or Sports Drinks

### \*\*\*Optional Equipment\*\*\*

Long sleeves or Under Armour for evening games or practices.

Equipment Bag for keeping everything together

Bat

Practice Balls (8U uses 10" ball, 10U uses 11" ball, 12U & 14U use 12" ball)

Batting Gloves

### \*DBGS Policy regarding helmets and facemasks:

As a member of the American Softball Association (ASA), DBGS is following ASA recommendations regarding helmets and facemasks. All batting helmets and catching helmets must have the NOCSAE stamp on them, certifying that they comply with the latest safety regulations. This stamp is generally near one of the ear holes or on the back of the helmet. In addition, all facemasks must also be NOCSAE certified. For batting helmet facemasks, the certification is written on the inside of the facemask. For catcher's facemasks, if the helmet is made with the facemask already on it the NOCSAE certification on the helmet refers to both the helmet and the mask. Most helmets made in the last year or so are certified. Check your helmet carefully, as the symbol may be hard to see. NOCSAE certified facemasks should fit on the older NOCSAE certified helmets. Putting a NOCSAE certified facemask on an uncertified helmet will not make the helmet legal. The NOCSAE symbol on the helmet is a small rectangle with rounded edges showing the profile of a batting or catching helmet. The words "Meets NOCSAE Standard" are printed inside the rectangle. On certified facemasks, the same words are printed on the inside of one of the bars.